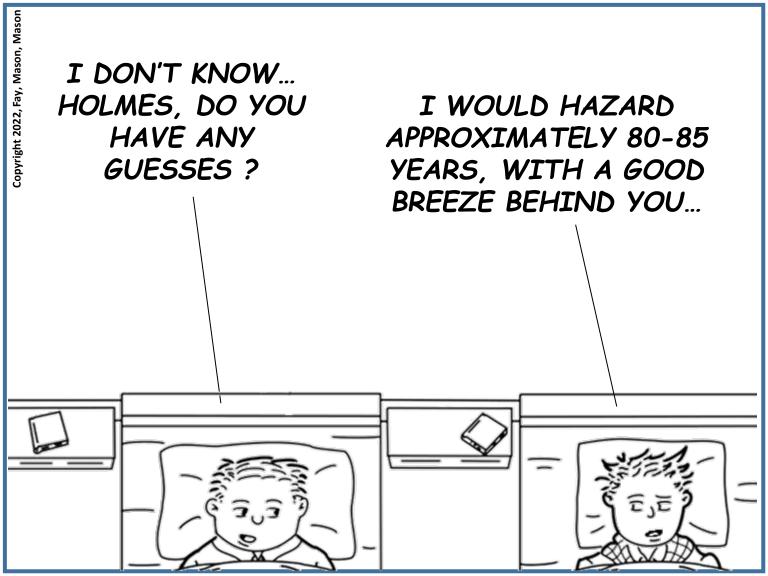
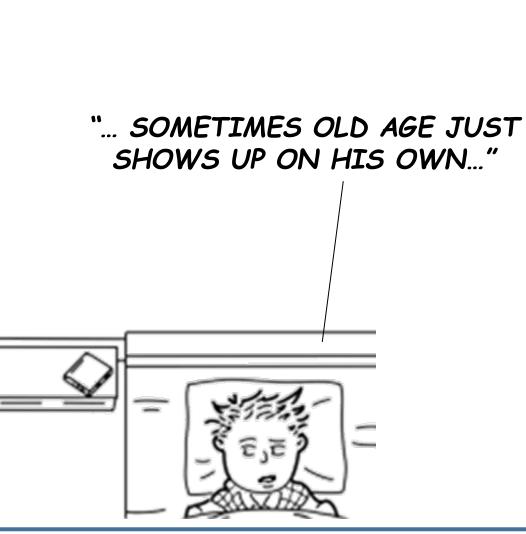




FAY, MASON & MASON



AT WHAT POINT SHOULD WE START TAKING CARE OF OURSELVES TO REACH THAT AGE ?



I BELIEVE THERE IS AN ADAGE, "WISDOM DOES NOT ALWAYS COME WITH OLD AGE..."

MY GRANDFATHER, WHO IS 88, HAS AN INTERESTING PHILOSOPHY... 'TO STAY HEALTHY, DON'T GO TO THE DOCTOR ... THEN HE CAN'T FIND ANYTHING WRONG WITH YOU.' MY GRANDMOTHER TOLD ME, 'SOMEDAY I
WILL BE OLD ENOUGH TO DO ANYTHING
I LIKE... BUT BY THEN, I'LL BE TOO TIRED
TO LIKE ANYTHING...'

